

Learn Enjoy Flourish

Auckland House Day Nursery Monthly Newsletter May 2023

Message from the Management team

Welcome to this month's newsletter. The summer weather is slowly approaching we have been working on providing greater opportunities to learn in the outdoors, ensuring that we continue to provide an attractive, enabling outdoor area to support children's learning and play. We are currently enhancing our gardens by adding new resources and providing exciting and engaging areas to support the children's learning and development. We have also been enhancing the areas in each room and developing more opportunities for children to extend their learning and imagination. We have particularly focused on our new Daisy room enhancing the areas within the rooms making the areas feel more inviting and welcoming.

Our recruitment of staff has been positive as we welcome Ruby our new Apprentice to the Snowdrop room, Joshua to the Daisy room and we have welcomed new bank staff to our bank staff team.

This month we have enjoyed celebrating various themes and festivals, in particular the Kings Coronation! The children enjoyed making crafts such as crowns and engaged in various tuff trays of red, white and blue. To top of the celebrations we held a garden party with some delicious afternoon tea. Also children celebrated deaf awareness week learning some nursery rhymes in sign language and lots of focus on facial expression activities.

Our children have carried out some fabulous activities, which include tuff trays, worm worlds and have worked on developing their fine motor skills. They have thoroughly enjoyed them, are highly engaged and love extending their imagination and bringing their ideas to life. In addition to this the children have been out in the community, enjoying trips to the shops and the park.

We hope you all had a lovely May half term and we are looking forward to welcoming all the children back next week. Next month we are looking forward to Father's day, healthy eating week and all other amazing activities.

Once again thanks for all your continuous support.

Auckland Management team.

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My name is **Rebecca Smith.** I am the House keeper at Auckland House nursery.

I joined Auckland House in 2019. My role is to ensure that we maintain a clean, hygienic nursery environment.

In my spare time I enjoy spending time with my little boy and my family and friends.

Important dates

Father's Day - Cards and gifts

Sunday 18th June (we will do activities w/c $12t^h - 16^{th}$ June)

Healthy eating week (12th-16th June)

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Buttercups

It has been a marvelous May in Buttercup Room! This month our song and story has been Old MacDonald Had a Farm and The Snail and The Whale. For our song, the children have enjoyed creating paper plate animals and made marks using toy animal footprints. For our story, the children took part in making hand print fish, starfish prints and painted jellyfish. We have done a range of tuff tray activities in relation to both song and story. These have included a textured farm animal tuff tray, a sand and sea sensory tuff tray and an animal rescue tuff tray. We have continued to use tuff trays to explore a variety of new textures and colours with flour, rice and coloured blocks.

As the weather has got warmer we have taken trips to the park, spent plenty of time enjoying the sunshine in the garden and had lots of fun with water play. We are looking forward to sunnier days and the opportunity to spend more time outside.

Daisy

. In Daisy room we have had so much fun this month, we have been doing lots of activities based on our Elmer book. The children have loved exploring colours through this book. We have used a variety of different colors and textures r make our own Elmers. We used lots of recycled materials to make 3d Elmers. The children loved exploring their own farm and animal's activities.

Our song of the month wheels on this bus. The children love singing this song and copying the actions. We used the chairs to make our own bus as we sang the song. The children really enjoyed painting, gluing and sticking etc to make their own bus and bus pass. We have spent lots of time in the garden as the weather is getting better and have really enjoyed this. We have also had lots of fun trips to the park.

Snowdrop

This month we have had lots of fun at nursery firstly creating were going on a bear hunt display and performing so many different and fun activities for this including different sensory tuff tray for different aspects of the story we used foods as mud such chocolate Angel delight, whipped cream for our snow and also jelly for a river. We used our hands to create law prints and needed sensory bag to feels cause by textures.

We also looked at our song five little ducks in which we want our song trying to learn the words and actions and we created our own duck pond in the garden to which Leo was excited to splash in and get messy with the foam too. We visited the park and found a family of five little ducklings to which the children were so excited to see this too

We celebrated the king's coronation and sun safety week too creating our own sun with yellow paint

Daffodil

This month in daffodil room, we have been reading billys bucket and singing five little men in a flying saucer. The children have loved taking part in all the different activities for our song and story. The children have been involved in a range of different activities for billys bucket, we have done water play which the children loved to splash in, we have done a foam tuff tray with different fishes in, a underwater tuff tray, making our own fish and making our own buckets. The children have enjoyable being our story of the month and taking part in the activities. For five little men in a flying saucer, we have made our own flying saucers, world painted the decorated our own stars, we have now linked in numbers to

Tulip

This month we have had lots of fun. Our story of the month has been 'Goldilocks and The Three Bears'. We have enjoyed becoming familiar with the story and exploring different media and materials to create our very own Goldilocks and the three bears. We enjoyed exploring a tuff tray filled with oats, utensils and glitter and mixed them together to create some porridge for Goldilocks and the thee bears. Our song of the month has been 'Old McDonald Had A Farm' and we have enjoyed exploring animal tuff trays, animal bath scrubbers, exploring different materials to create our own version of the animals and made our own farm. We even explored some pink moulding foam which we used as 'mud' for the animals and used our animal bath scrubbers to wash them and make them clean again! We celebrated the King's Coronation and enjoyed making crowns, having a disco and a tea party. We even had a special visit from Chase and Elsa!

Sunflower

This month in sunflower room we have celebrated the coronation. The children loved coming into nursery dressed as kings and queens. We done lots of activities such as making our own crowns, flags, decorating England cakes and having a party. Also, we had a visit from paw patrol and elsa. Our song of the month was "5 little ducks". The children loved singing "5 little ducks" daily at circle time. We done a variety of different activities such as water play with ducks, duck tuff trays, painting ducks, ponds, hills, using feathers to glue and stick ducks and yellow tissue to decorate our ducks.

Our story of the month was "Pink is for boys". The children enjoyed listening to the story regularly. The story is based on different colours. This helped to support the children learning different colours. We done lots of different activities. The children loved mixing colours to see what colours we could make, Mark making orange crowns, gluing and sticking pink bows, painting white and black dogs, green forests and painting different colour track marks with the cars.

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Sun care Policy

At Auckland House Day Nursery, we are committed to ensuring that all children are fully protected from the dangers of too much sun/UV rays. Severe sunburn in childhood can lead to the development of malignant melanoma (the most dangerous type of skin cancer) in later life.

We follow guidance from the weather and UV level reports and use the following procedures to keep children safe and healthy in the sun:

- Key persons will work with the parents of their key children to decide and agree on suitable
 precautions to protect children from burning, including those with more sensitive skin types
 and those that may be more tolerant to the sunshine, e.g. black and/or Asian colouring
- Children must have a clearly labelled sun hat which will be worn at all times whilst outside in sunny weather. This hat will is to be of legionnaires design (i.e. with an extended back and side to shield children's neck and ears from the sun) to provide additional protection
- Children must have their own labelled high factor sun cream with prior written consent for staff to apply. This enables children to have sun cream suitable for their own individual needs. Nursery provides branded sensitive sun cream factor 50+ for children who do not provide their own. Staff must be aware of the expiry date and discard sunscreen after this date.
- Parents are requested to supply light-weight cotton clothing for their children suitable for the sun, with long sleeves and long legs
- Children's safety and welfare in hot weather is the nursery's prime objective so staff will work closely with parents to ensure all appropriate cream and clothing is provided.
- Staff will make day-to-day decisions about the length of time spent outside depending on the strength of the sun and the hotter parts of the day.
- Children will always have sun cream applied before going outside in the hot weather and at frequent intervals during the day.
- Children are encouraged to drink cooled water more frequently throughout sunny or warm days, and this will be accessible both indoors and out
- Children are made aware of the need for sun hats, sun cream and the need to drink more fluids during their time in the sun
- Shade will be provided to ensure children are able to still go out in hot weather, cool down or escape the sun should they wish or need to.
- Records of the sun cream application will be recorded.
- Sun cream will be re-applied regularly throughout the day.
- If there are plans for children to be out for longer periods of time sun cream will be applied twice. 30 min before children go out and reapplied just before children go out.

Recipe of the month – Homemade Lasagne



Chef Claire

Ingredients

Method

- 2 tbsp olive oil
- , plus a little for the dish
- 750g lean beef mince 3.
- 90g pack prosciutto
- half quantity of our 4. tomato sauce (see the 5. recipe), or 800g
 passata
- 200ml hot beef stock 6.
- a little grated nutmeg
- 300g pack fresh lasagne sheets
- half quantity of our white sauce (see the recipe), or 520g ready-made sauce
- 125g ball mozzarella, torn into thin strips

- 1. To make the meat sauce, heat 2 tbsp olive oil in a frying pan and cook 750g lean beef mince in two batches for about 10 mins until browned all over.
- 2. Finely chop 4 slices of prosciutto from a 90g pack, then stir through the meat mixture.
 - Pour over 800g passata or half our basic tomato sauce recipe and 200ml hot beef stock. Add a little grated nutmeg, then season.
 - Bring up to the boil, then simmer for 30 mins until the sauce looks rich.

 Heat oven to 18oC/fan/16oC/gas 4 and lightly oil an ovenproof dish (about 30 x 20cm).
 - Spoon one third of the meat sauce into the dish, then cover with some fresh lasagne sheets from a 300g pack. Drizzle over roughly 130g ready-made or homemade white sauce.
- 7. Repeat until you have 3 layers of pasta. Cover with the remaining 390g white sauce, making sure you can't see any pasta poking through.
- white sauce (see the 8. Scatter 125g torn mozzarella over the top.
 - 9. Arrange the rest of the prosciutto on top. Bake for 45 mins until the top is bubbling and lightly browned.

